
[SHERMAN COLLEGE
of CHIROPRACTIC]



chiropractic
health
healing
career
help
people
make
personal
performance
expertise
leader
community
learn
family
sherman
difference
education

"I've always admired people in professions that make a positive impact on society and require selfless service to the public. When I was exposed to chiropractic in my early teens, I knew it was what I wanted to do for the rest of my life."

- Dr. Dansen Wong, '12, Malaysia

Sherman College of Chiropractic: Adjusting the World for a Better Future

Help people
with a career in chiropractic

As a Doctor of Chiropractic, You Can:

- Make a difference in your community
- Help people with a natural approach to health
- Promote a healthy lifestyle and disease prevention
- Enhance performance and improve patients' lives
- Be a leader, role model, educator or researcher

Called to Heal

As a chiropractor, you'll share with people in your community a philosophy of life and health that is of great value. In fact, many Sherman graduates will tell you that chiropractic is not a job, but a calling.

Chiropractors Change Lives

Doctors of Chiropractic pay particular attention to the spine and how compromises (subluxations) interfere with function and the body's ability to self-regulate and heal. Misalignments in the spine can disrupt proper nerve function and lead to decreased performance and health. Chiropractors remove these interferences by gently adjusting the spine. By restoring proper nerve function, chiropractors help people enjoy their full potential for health and optimal performance.

See for Yourself

Visit us to see why Sherman is the place for your chiropractic education. **[www.sherman.edu/visit]**

The chiropractic profession is all about serving others to improve their health. Chiropractors take a natural, preventative approach to health care, without the invasive use of drugs or surgery, helping patients achieve good health and function at their best.



Hockey Doc



Jared Sargent, D.C., credits networking with landing him a job that he loves. The New Jersey native chose to stay in his adopted state of South Carolina after graduating from Sherman in 2005. It was at a Chamber of Commerce social in Greenville that Sargent met the vice president of operations of the Road Warriors, a professional ice hockey team. Even though he had never worked with athletes before, Sargent was fascinated with the idea, and that conversation led to him accepting a position as the official team chiropractor for this East Coast Hockey League team.

"Working with a team in a professional capacity is great," Sargent says of the job that provides a different experience from his office practice. "It gives you a broader audience to spread the philosophy of chiropractic and teach people about their health," he says. "It is also just fun. I wanted to have fun in practice, and that is what I'm doing."

Perhaps the most challenging aspect of working with athletes is their grueling schedule – the athletes' bodies never really get adequate time to rest and heal. But that's what makes Sargent's work with them so exciting. Brendan Connolly, who played center for the Road Warriors, told Sargent that there were times he didn't think he would have been able to play without his help. **The best part of his work, Sargent says, is witnessing the transformation of people, whether office patients or hockey players.** "Seeing people get well is awesome," he says of his mission "to get as many people healthy as possible without drugs and surgery."

Sargent admits that it wasn't until after he graduated from Sherman that he fully understood what he had become part of. Even then, he had no idea what his career would be like. **"I had no expectations and I had no plans," he says. "I think that is what makes me so thankful for where I am because I'm like a kid in a candy store. Every day is a new adventure, and every day I'm thankful for what I've been given."**

"Without chiropractic, he wouldn't have been able to play." - Dr. Jared Sargent, '05



Career Options Abound

Chiropractic career opportunities include solo practice, associate doctor, multidisciplinary clinic team member, sports team chiropractor, fitness facility chiropractor, educator/administrator and researcher.

Chiropractic is a Rewarding Profession

Aside from the personal satisfaction of helping people, a chiropractic career is satisfying and in demand. Chiropractic has been rated a "top job" by *Fast Company* magazine and "one of America's most surprising six-figure jobs" by *Forbes*. The average yearly salary for a chiropractor is about $78,000.

Chiropractic is in Demand

Employment prospects are good: the Bureau of Labor Statistics has reported that the employment of chiropractors is expected to increase 17 percent between 2014 and 2024, much faster than the average for all occupations.

Chiropractic's Role in Health Care

Because chiropractors emphasize the importance of healthy lifestyles, chiropractic care is appealing to many health-conscious Americans. Projected job growth for the chiropractic profession stems from increasing consumer demand for a more natural approach to health care.

Health, Performance and Chiropractic

Chiropractic takes a holistic, natural approach to health care, paying particular attention to the spine, and enhancing the body's function and ability to self-regulate and heal. Athletes have found including regular chiropractic care in health and wellness routines ensures that the body is working at its best.



"Don't build walls around what you think practice should look like."

- Dr. Jami Karr, '00

Practice, Outside the Box

Jami Karr, D.C., knew what she wanted to do even before she enrolled at Sherman. In fact, she might not have been drawn to chiropractic if it had not included creating her own path to success. The journey began when she met Sherman graduate Dr. Lynne Sharp at the wedding of a mutual friend. They sat down next to each other and began to talk. Sharp told Karr about chiropractic and invited her to come along when she went to adjust patients in their homes.

That was all it took for Karr, who had majored in elementary education, to begin thinking of a career in chiropractic, and she knew that career would be unorthodox. **She dreamed of a traveling practice in her home state of Pennsylvania, one serving the Amish community and incorporating her love of children.**

"At Sherman the focus was on locating, analyzing and correcting vertebral subluxations so the body could better express itself," Karr says of the philosophy of chiropractic that the body does the work of healing itself. **"There were people who nurtured me, guided me, and I was drawn to those who had the same belief about chiropractic that I did," Karr says about the faculty members who took her under their wings.**

Since graduating in 2000, she has established a mobile practice, serving an area that is home to Old Order Amish and Mennonite communities. Karr visits families in their homes and on their property, maintaining no formal office space and building her practice solely through word-of-mouth. She focuses on younger patients, charging no fee for babies, and for children up to the age of 17, one dollar for each year of age.

She knows she would never have had such a rewarding career if she had not been willing to think outside the box. "It's important for students to know that they don't have to have a traditional office to be successful. I'm living proof that people shouldn't build walls around what they think their practice should look like."

Why Sherman
for your chiropractic education?

You'll Be Engaged

- Sherman College is a family. Everyone knows your name, even the president.
- Sherman has a low student-faculty ratio and instructors who will mentor you.
- Faculty are experts in their fields of study, and they treat you like a colleague.
- Hands-on instruction begins in your first quarter of study at Sherman.

You'll Be Prepared

- Our balanced curriculum offers the knowledge you need in basic science, chiropractic technique and philosophy, and practice management.
- Technique courses comprise 600 hours of classroom instruction, and we offer many additional elective technique courses and seminars.
- Your 1.5-year internship in the on-campus clinic simulates chiropractic practice.

You'll Gain the Power to Change Lives

- Sherman's comprehensive chiropractic education makes you relevant to the future of health care.
- You'll join the ranks of fellow Sherman graduates known as "great adjusters" because of the skill and art of chiropractic they deliver to their patients.
- You'll be capable of changing people's lives through the care you provide.
- You can make an impact on your community and the world.

Sherman's Doctor of Chiropractic program is unique in its approach to health care and known globally for producing doctors who are highly skilled in their delivery of chiropractic care. We prepare students to become doctors of chiropractic who are compassionate, ethical and successful.





Imagine a career serving in a health field, making a difference in the lives of others.

Building a Practice and a Life Together

"Establishing our careers together has made us truly understand what we've accomplished."

- Dr. Elizabeth Rice Christopher, '09



Finding time to spend together is not a problem for Matthew and Elizabeth Christopher, D.C.s. This husband and wife team met while students at Sherman, and when they graduated, Matthew in June 2009 and Elizabeth in September 2009, they knew they wanted to establish their office in Kentucky, where Elizabeth grew up. Matthew opened Christopher Chiropractic in Williamsburg in August and began developing the family practice.

"We kept everything basic in the beginning," Elizabeth says. "As the practice grows, we just put money back into it. Honestly, we're not far from where we want to be." Their son, Ian, comes to the office with them, making the job truly a family affair.

The Christophers' goal when they opened their office was to create an efficient, family-oriented, friendly place where patients feel cared about. "Working together is neat because Elizabeth sees a lot of kids and athletes and I see a lot of older people," Matthew says of their division of duties. They attribute their good results to the fact that they not only capitalize on each other's strengths but also love their community.

"The heart of our office is to give back to the community, sponsoring races and athletic teams, working with an adult day care and a nursing home each week," Matthew says, adding that what they enjoy most is "living life and sharing life with other people."



Get Hands-On
with the clinic experience

Experience is everything, and at Sherman, you will get a lot of it. You'll train and provide care in the clinic using advanced techniques, modern chiropractic analytical and adjusting equipment, current research data and our digital x-ray suite.

Become a Doctor

As an intern in the health center, you will work side by side with our licensed clinic faculty to provide quality and affordable chiropractic care. You'll practice all aspects of patient care including case histories, physical and spinal examinations, x-ray, diagnosis, report of findings, chiropractic adjustments and case management.

The bottom line? You will develop clinical competency, prepare for licensing exams and become a competent, compassionate, ethical, successful doctor of chiropractic.

Serve the Community as a Health Care Provider

Because the Chiropractic Health Center attracts patients from areas in the Upstate and across both Carolinas (some travel from as far as 75 miles away to see us!), you will encounter real-life, complex cases during your internship.

Many times you'll serve as the first point of contact with patients and become their sole health care provider. The center also provides free care to a select number of patients in financial need.

Change Lives

You'll manage challenging cases – including patients with serious health concerns – and play a leading role in contributing to their health and quality of life through the chiropractic care you provide.

That means you get to experience what it means to impact the health and well-being of children, athletes, the elderly, and entire families through chiropractic care. You'll gain a deep appreciation for how profoundly chiropractic can impact people's lives.

Making Her Passion For Animals Part of Her Career



"It's amazing when you feel fulfilled and have a purpose with what you're doing."

- Dr. Natasha Jaskiewicz, '07

Natasha Jaskiewicz, D.C., has always loved animals, especially horses. Born in Singapore, she moved with her family to Anacortes, WA, in 1985 when she was three years old. There she had her own horses, was involved with 4-H from an early age and began to train and show horses, especially hunter/jumpers. She knew she always wanted horses to be part of her life.

Jaskiewicz graduated from the University of Findlay in Ohio, majoring in equine business management, and soon began work as a freelance horse trainer in Washington and later in Texas. It was in Texas that she met a Certified Animal Chiropractor who was also a D.C. "I was amazed at the work she did with the horses I had in training," Jaskiewicz says. **"Seeing how she was able to help horses naturally without drugs or surgery really caught my attention, and one day it hit me: that I could be doing this for the rest of my life."**

Her chiropractic mentor, Dr. Robert Fox, recommended she check out Sherman. "I absolutely loved the energy of the place," Jaskiewicz says. The fact that the college was near horse country was a definite plus. After graduating in 2007 and becoming nationally certified by the American Veterinary Chiropractic Association, she established a mobile practice that specialized in animals. Now she travels throughout the Carolinas and across the globe, working not only with horse and rider teams, but also a variety of other animals including conformation and agility dogs that compete at national and international levels. **"The mobile practice gives me reasons to visit places where I would not normally go and has introduced me to some beautiful communities."**

Since settling in Greenville, SC, Jaskiewicz splits her time between being mobile for horse patients, vet offices and dog shows, and keeping office hours her current practice where small animal patients come to see her. "I love to be able to work outside, and I love the variety of options that my practice offers me," she explains. "It's amazing when you feel fulfilled and have a purpose with what you're doing."

Develop Skills
throughout your internship

At Sherman, you'll experience a guided, challenging education focused on both the clinical needs of patients and your learning needs as a student intern.

Develop Your Technique

We give you a great foundation in spinal analysis and technique in your classes. In the clinic, we build on those skills and offer a variety of learning experiences including elective courses, clubs, guest speakers and faculty workshops. Students who wish to receive additional training in certain areas of clinical practice can choose from three specialized internship programs in which they become student experts and mentor their peers.

Focus on Patient Care

In the health center, you'll practice in a patient-centered model. Under this model, case doctors work closely with interns while supervising all aspects of patient care. You'll develop strong doctor-intern-patient relationships while earning progressive responsibility for your patients' care.



Be a Senior Intern

Another way to build confidence and mentoring skills is through our Senior Internship program, a selective program that lets you work in a limited supervisory capacity in the clinic. Duties include assisting lower-quarter interns in case analysis, plan of care and patient management. Senior interns are assigned staff hours, attend faculty meetings and work with the director of interns.

Gain Field Experience

Qualified students can further their practical experience by taking advantage of our Practice Management Observational Elective, which offers real-world experience in the business of running a practice. You'll have a structured field experience observing practice management procedures including patient consultation, record-keeping, third-party pay and reporting, doctor-patient relationship, patient education and public relations. Reviewing best practices and observing a real practice is a great way to develop skills for your future practice.



Adjusting the Future of Chiropractic



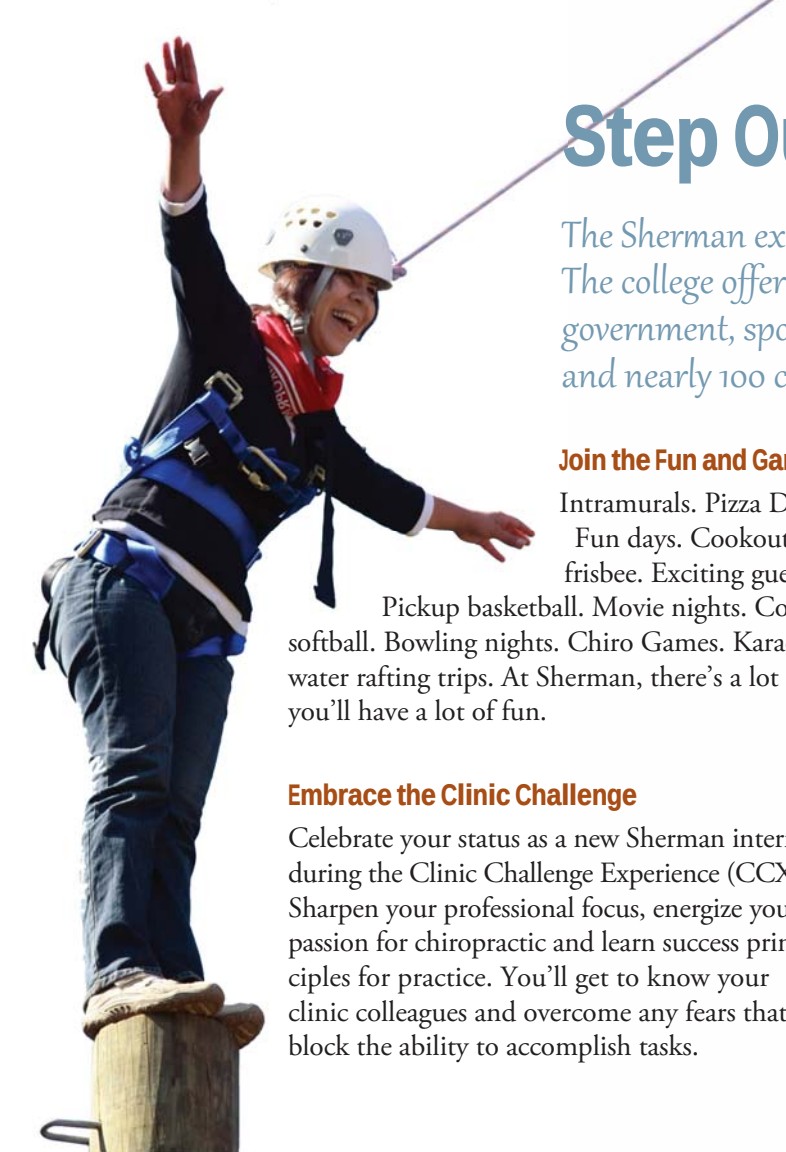
Becoming a leader in a profession requires dedication, passion and hard work. New Jersey native Valerie Pennacchio, D.C., a June 1990 summa cum laude graduate of Sherman, knew from the beginning that she wanted to make a difference in chiropractic and she set out to achieve that goal.

She credits the mentoring of Sherman teachers with preparing her to take a leadership role after graduation. **"I remember the stories and advice from people whose caring guidance didn't stop with academics. They gave me practical applications that have served me very well over the years," Pennacchio says of the family atmosphere and the "we're in this together" attitude she found at Sherman.**

That sense of family led Pennacchio to accept a position teaching at Sherman after graduation, a position that she held until 2003 and which launched her on a successful career in chiropractic education. She served as chair of the Philosophy Department and was instrumental in developing the college's first clinical proficiency exam. The experience led her to take a four-month leave from Sherman to travel to New Zealand College of Chiropractic (NZCC) to create a proficiency examination that would help the new college become accreditation-worthy. In 2005, she accepted the position of vice president of academic affairs at NZCC, a position she held until 2011, when she took on her current role as vice principal at McTimoney College of Chiropractic in Abingdon, Oxfordshire, in Great Britain.

"Honestly, when I started studying I never dreamed I'd become so dedicated to the education of future chiropractors," Pennacchio says of the turn that her career has taken. **"I realized early on that my circle of influence would be dramatically increased if I contributed to the education of future chiropractors. I wanted a piece of that pie, and although I love being in practice, I am truly filled by my interactions with students."** For her the ultimate reward is when "a student has that light bulb moment and you see the light shine through their eyes. It's why I go to work every day."

"Sherman has always had excellent teachers and mentors. They gave me practical applications that have served me very well over the years." - Dr. Valerie Pennacchio, '90



Step Outside the Classroom

The Sherman experience extends beyond the classroom and the clinic. The college offers more than 20 clubs and organizations, an active student government, sports, a student leadership program, many campus events, and nearly 100 community service opportunities each year.

Join the Fun and Games

Intramurals. Pizza Days. 5Ks. Fun days. Cookouts. Ultimate frisbee. Exciting guest speakers. Pickup basketball. Movie nights. Community softball. Bowling nights. Chiro Games. Karaoke. White-water rafting trips. At Sherman, there's a lot to do, and you'll have a lot of fun.

Get Involved and Network

The Health Center hosts many community events, including blood drives, Patient Appreciation Day, Sweetheart's Day and Family Day. In addition, participating in off-campus outreach events – spinal screenings, health fairs, school visits, and lunch-and-learn programs – will help you build communication and public relations skills.

Embrace the Clinic Challenge

Celebrate your status as a new Sherman intern during the Clinic Challenge Experience (CCX). Sharpen your professional focus, energize your passion for chiropractic and learn success principles for practice. You'll get to know your clinic colleagues and overcome any fears that block the ability to accomplish tasks.



Take the Lead

Our commitment to personal attention encourages you to develop leadership skills. Mentor lower-quarter students as you move into advanced clinic courses. Build a practice in the health center and make an impact in the community as a student. We nurture the abilities and skills you'll need to build the life you want and be a positive role model.



Finding a Second Home at Sherman

Tia Wilson, D. C., became only the second person from her native country to earn a degree from Sherman College when she graduated in 2009, although that was not her intention when she left the Bahamas on a full scholarship to play volleyball at Benedict College in Columbia, SC. At that point, her career goal was to become a pediatrician, so she set out to pursue majors in biology and pre-med.

Wilson admits that when she arrived in South Carolina as a 17-year-old, she experienced a "huge cultural shock." But she felt at home immediately on the volleyball court, earning All-Conference honors during her freshman year. It was during her junior and senior years that she was introduced to chiropractic by a Sherman recruiter. Once she researched the profession, she says, she "fell in love with the philosophy of healing."

She was convinced to make the life-changing choice to become a chiropractor and set out on a road trip with her best friend "to see what it was Sherman had to offer." **When she saw the campus, she fell in love. "I instantly knew this was the environment for me," she says of the location outside the city of Spartanburg, one that she felt would be conducive to studying and in which she could feel at home.** "The campus was beautiful and I couldn't resist absorbing my surroundings," Wilson says of the beautiful rolling hills of the Piedmont of South Carolina. "I love the outdoors, so this was the place."

"The campus was beautiful; I couldn't resist absorbing my surroundings. I love the outdoors, so this was the place."

- Dr. Tia Wilson, '09

Wilson's journey eventually led her back to her island nation. As a member of the Bahamian women's national volleyball team, the 25-year-old was already well-known throughout the island. Shortly after becoming licensed and registered, she joined practice with another D.C. Looking back on her choices, Wilson says, **"If I had to do it all again, I would make the same choice I did years ago. Sherman prepares you and is dedicated to making chiropractic a household name around the world."**

South Carolina:
A Perfect Place to Learn & Live

Located in the Upstate region of South Carolina, Spartanburg is the sixth largest city in the state. The city of 40,000, which is part of a larger metropolitan area of 250,000, is known for its beauty, quality of life and friendly people.

The Four Seasons

Our location in the foothills of the beautiful Blue Ridge Mountains makes for a mild climate, with four distinct seasons, and fine weather for outdoor activities year round. Average temperatures range from 41°F in January to 88°F in July.

A Hub of Activity

Spartanburg provides rich cultural offerings with a bustling arts and music scene, extensive educational opportunities, musical heritage and racing legacy, wonderful food, and the simple abundance of a stunning landscape.

Low Cost of Living

The Upstate area is not only one of the most beautiful places in the country to live, but it is also one of the most affordable, with a cost of living approximately 10% below the national average.



Location, Location, Location

Spartanburg is conveniently located at the intersections of Interstates 26 and 85, "the crossroads of the new South." We are right in the middle of everything! And while you'll find plenty to do here in town, you won't need to go far for a big-city feel. You will be

- Less than half an hour from Greenville, SC (#6 on Relocate America's list of Top 10 Cities for 2011)
- One hour from metropolitan Charlotte, NC, or the thriving mountain city of Asheville, NC
- Three hours from the buzz of Atlanta, GA, or the historical charm of Charleston, SC
- Four hours from the Eastern shores of Myrtle Beach, Hilton Head and Savannah

Folks describe Spartanburg as a suburban college town with great weather, plenty of outdoor and community activities and a low cost of living. We call it home.



"When I walked off the stage at graduation, I was empowered."

- Dr. Marlene Mahipat, '01

Learning by Serving Others

When Marlene Mahipat, D.C., was growing up in Trinidad, her family didn't have much – but what they had, they shared. **Mahipat says her family taught her to give what she was able to give and her "cupboards would never be empty." They wanted her to be thankful for what she had and always think of others.** She took that lesson to heart, embracing the idea that service to others is a part of a life well-lived.

"I moved here from a poor country and came to the United States where I had the opportunity for a better life," Mahipat says of leaving Trinidad in 1990 with two suitcases and a phone number of an old friend. "The reason I did this was for my life to have a bigger purpose, to make a difference, and not only through chiropractic."

Sherman proved to be the perfect place for the woman who had planned to attend medical school when "reality hit" and she realized that a career built on writing prescriptions did not align with her beliefs. As she investigated holistic alternatives, she discovered information about chiropractic, a career that "resonated more with my own personal lifestyle. I didn't want to live one way and practice another," she says.

Since Mahipat graduated from Sherman in 2001 and established her practice in Randallstown, MD, she has set aside time each week for community service. She delivers for Meals on Wheels and works with her own two charitable foundations, Helping Orphans Prosper Everywhere and People Letting Every Animal Survive Euthanization.

The grateful giver knows she could just write a check, but it's important to her to become a part of the causes she supports and develop one-on-one relationships, all while maintaining a thriving and demanding chiropractic office.

That's what they said:

"That day I learned that you could positively affect someone's life without being invasive, a light bulb went off. It was so natural to think I could change people's lives by just using my hands."

- Dr. Keisha Hall Smith, '15, Georgia

"My career now is bigger than I imagined when I was a student. Sherman taught me the confidence and skills to open my own practice right out of school. I help improve the lives of individuals and families with specific, precise, and gentle adjustments. I love coming to work every day."

- Dr. Jonathan Holloway, '11, South Carolina

"The chiropractic adjustment is the most powerful tool that we have. Sherman College teaches you how to use those skills to change lives."

- Dr. Eric Goans, '14, North Carolina





Influence the lives of others in a positive way and share a service that is of great value.

"Sherman is community focused, and our students love to make their communities better. I am always humbled to see what our graduates are doing in the world."

- Faculty member and graduate Dr. Jaime Browning, '09, South Carolina


"It was hard to leave the stability of an established career to go back to school. I wouldn't have done it if I had not considered chiropractic such a noble profession. I love having the ability to help others. I have no regrets — I know this is what I'm supposed to do."
- Dr. Jasen Van Dyke, '13, Pennsylvania

business card

What's next?

Tour the campus www.sherman.edu/visit

Seeing is believing. Meet our faculty. Talk with students. Attend class. Come see why Sherman is the place for your chiropractic education.

Apply for admission www.sherman.edu/apply

Ready to secure a spot in the enrolling class of your choice? New quarters begin in January, April, July and October. Apply online now.

Sherman College
of Chiropractic
2020 Springfield Road | P.O. Box 1452
Spartanburg, South Carolina 29304



Is Sherman College the place for you?
www.sherman.edu/visit

Prerequisites

Chiropractic College Admission Requirements

To get into chiropractic college, you need at least 90 semester hours with a minimum grade point average of 3.0 or higher, though many students complete a bachelor's degree before enrolling. Of the 90 hours required for traditional admission, 24 must be life and/or physical sciences with corresponding labs for half, and 15 hours must be in the humanities, social and/or behavioral sciences.

Alternative Admission Track Plan

If you have an overall GPA between 2.75 and 2.99 and/or less than the required hours in the sciences, you may be eligible for the AATP. This admission standard is designed to allow students with various academic backgrounds to enroll in chiropractic school based on the academic achievements they already have. We encourage you to submit transcripts and contact admissions for individual counseling.

Traditional Admission Track

- 90 semester hours
- GPA of 3.0 or higher
- 24 semester hours in life and physical sciences, half with substantive lab component (preferred courses include biology, physics, chemistry, biochemistry, organic chemistry, anatomy and physiology; we prefer that you have an equal distribution of life and physical sciences)
- 15 semester hours in humanities, social and behavioral sciences (preferred courses cover a range of topics and include psychology and English, speech and/or communications)
- Only courses with a grade of "C" or higher will be accepted for life and physical sciences and humanities

Alternative Admission Track Plan

- 90 semester hours
- GPA of 2.75 or higher
- 12 semester hours in life and physical sciences preferred
- If you are admitted via AATP, you'll receive an individual academic plan and we'll monitor your progress throughout the course of the program to ensure your success



Making a Career Change Easier

The road to becoming a chiropractor may be shorter than you think. Our Alternative Admission Track Plan allows students with various academic backgrounds to enroll in chiropractic college based on the academic achievements they already have. Contact us for individual counseling.

Get Here Faster

Sherman has 3+1 agreements in place with several institutions that allow you to take prerequisite courses while earning a bachelor's degree from the partner institution. Articulation or transfer agreements are guides to help students meet requirements for chiropractic college. If your local college does not offer a pre-chiropractic program, we will be glad to assist you in selecting the courses you need.

Pre-Chiropractic Institute

Our Pre-Chiropractic Institute at Spartanburg Community College provides an academically sound, cost-effective and timely way to earn an associate's degree in science and complete the requirements for enrollment. Admission is guaranteed with successful completion of this program.

Licensure Requirements

Licensure requirements vary from state to state, and some of these requirements apply to a student's prerequisite education and therefore must be satisfied before enrolling in chiropractic college. To ensure that you meet the requirements of the state(s) in which you wish to practice, we suggest you visit the Federation of Chiropractic Licensing Boards at www.fclb.org for state board contact information.

ENROLLMENT TIP:

Apply early to ensure a place in the class of your choice. New students are admitted in January, April, July and October; transfer students may enroll in any quarter. Final deadline to apply is six weeks prior to the start of the quarter.

Let Us Guide You

We are happy to help you with questions about enrollment. Contact the Admission Office at 800-849-8771, ext. 294 or 200, or email admissions@sherman.edu.

Sherman College does not discriminate on the basis of sex, race, color, or national and ethnic origin in administration of its educational policies, employment policies, admissions policies, scholarship and loan programs, or other school-administered programs.

Financial Aid

Attending chiropractic college is a financial investment that you won't take lightly – and neither will we.

Sherman College offers extensive financial planning services and experienced staff members to guide you through the financial planning process to help you minimize loans and get the most for your education dollar.

Chiropractic Made Affordable

Our financial aid packages – combining federal and institutional aid – make us one of the most affordable chiropractic colleges in the country. Nearly 98% of students receive some form of financial aid – including loans, scholarships, family discounts and work-study. Sherman also participates in the Post-9/11 Veterans Educational Assistance Act of the Yellow Ribbon Program.

Total Tuition

Tuition from April 2016-March 2017 is $7,766 per quarter. Total annual tuition is $31,064.

Low Default Rate

Our Title IV Default rate is 5%, which means graduates are well able to pay off loans and practice successfully. This speaks for the ability of our program to prepare you for practice, and it reflects our commitment to your financial success.

Applications for Financial Aid

Applications for financial aid must be filed with the college a minimum of six weeks prior to registration. You can complete the following at www.sherman.edu/financialaid:

- Sherman Financial Aid Application
- Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov; Sherman College's FAFSA code is 013853
- Entrance Counseling and Federal Stafford Master Promissory Note (www.studentloans.gov)



Institutional Discounts

When husband and wife are both enrolled at full tuition in the program, each may apply for a 25% tuition discount. Members of the immediate family (children, parents, brothers and sisters) enrolled in the program each receive a 10% discount.

Yellow Ribbon Program for Veterans

Qualified students who are U.S. veterans may receive benefits from the Veterans Administration through GI Bill programs. Through the Yellow Ribbon Program, Sherman College matches VA contributions up to 100 percent of tuition. Yellow Ribbon funding is awarded to eligible veterans on a first-come, first-served basis.

Available Loans

The college offers Perkins Loan, Unsubsidized Stafford Loan, Grad Plus Loan and emergency loans. Information on private loan sources is also available if needed.

Scholarships

Children of Sherman alumni are eligible for the Legacy Scholarship, which awards $300 per quarter and is renewable for the entire time of enrollment, as long as the student in enrolled at full tuition and maintains satisfactory academic progress. Additional scholarships are available to currently enrolled Sherman students. Find a complete listing on our website at www.sherman.edu/scholarships.

Average Debt

Average debt upon graduation is $164,360, to cover tuition books and living expenses (this amount does not include loans from undergraduate or accrued interest). Average debt is based on 14 quarters of study at Sherman College.

Assistance Following Graduation

Federal programs, such as income-based repayment and loan forgiveness, are available to chiropractic college graduates. With an income-based repayment plan, payments are based on household income and size. With the Pay As You Earn Program, your maximum monthly payment will be 10% of discretionary income for up to 20 years.

Loan forgiveness also applies to doctors of chiropractic. If you work for a federal, state, local or nonprofit organization, you may be eligible for loan forgiveness after you complete 120 monthly payments under a qualifying repayment plan.

Questions?

Contact the Financial Aid Office at 800-849-8771, ext. 275, or email financialaid @sherman.edu for more information.

Sherman College does not discriminate on the basis of sex, race, color, or national and ethnic origin in administration of its educational policies, employment policies, admissions policies, scholarship and loan programs, or other school-administered programs.

Curriculum

Balanced Curriculum

At Sherman, you'll receive a comprehensive chiropractic education – relevant to the future of health care. Our balanced curriculum offers the knowledge you need in areas like basic science, chiropractic technique and philosophy, and practice management. You can also work with the research department to advance the profession with evidence-based study.

Academic Rigor and Preparation

Sherman's academic program is focused and rigorous, including more than 4,700 classroom hours in a set course sequence over 14 quarters or three and one-half calendar years. You may spend up to 35 hours per week in class in early quarters of study. In addition to preparing you for chiropractic practice, Sherman also gets you ready for a series of National Board exams required for chiropractic licensure.

Sherman College's Doctor of Chiropractic program is unique in its approach to health care and known globally for producing doctors who are highly skilled in their delivery of chiropractic care. We prepare students to become doctors of chiropractic who are compassionate, ethical and successful.

Sample First Quarter Schedule

	M	T	W	Th	F
8-8:50	Histology/ Pathology	Histology/ Pathology	Histology/ Pathology	Histology/ Pathology	
9-9:50	Biochem I	Terminology	Biochem I	Biochem I	Biochem I
10-10:50	Palpation I	Palpation I	Palpation I	Palpation I	
11-11:50	Break	Break	Break	Break	Break
12-12:50	Philosophy I	Philosophy I	Philosophy I	Philosophy I	
1-1:50	Anatomy I	Anatomy I	Anatomy I	Anatomy I	Anatomy I
2-2:50	Ethics	Ethics			Ethics
3-4:50					Anatomy Lab
5-6:50		Anatomy Lab			

"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence." - Abigail Adams

Hands-On Education

You'll learn from passionate, expert faculty in a hands-on, highly individualized learning environment that makes for extraordinary success among our graduates. Classes are intimate, with attention and mentoring from expert faculty who treat you like a colleague.

Classroom Study

During your first eight quarters, you'll study both basic and clinical sciences. You'll start with courses like anatomy, studying each body system, and then move on to clinically applied courses in patient assessment such as x-ray and diagnostics. Chiropractic technique classes also begin your very first quarter so that by the time you enter clinic, you'll be putting knowledge into practice.

The Clinical Program

In the second phase of your Sherman education, you'll become an intern at the college's on-campus Health Center, where you will engage in all aspects of patient care to develop clinical competency. You'll work as a team with our licensed faculty chiropractors, providing quality and affordable chiropractic care to area residents. You'll see complex cases and provide vital care to patients in need. And you'll experience what it's like to make a positive impact on your patients' health and lives.

Ready for Practice

We'll build your confidence and prepare you for a smooth transition from clinic to practice through your internship experience and with additional training



in communicating chiropractic to the public. Qualified students can further their practical experience by taking advantage of our Practice Management Observational Elective, which offers real-world experience in the business of running a chiropractic practice.