

Technique

Activator

Activator Methods is not just an instrument that makes gentle corrections, but is also an extensive full spine analysis that allows you to check the spine in minutes. It is backed by 23 clinical trials that support its efficacy, and it will ensure confidence when checking patients.

Animal Chiropractic

Our mission is to give students access to the knowledge and resources they need to become certified animal chiropractors and care for the subluxations of every spine. Activities include animal palpation, interviews with animal chiropractors, health talks on animal chiropractic, and more.

Blair Upper Cervical

The Blair chiropractic technique is a specific system of analyzing and adjusting the upper cervical vertebrae of the spinal column. Special attention is given to the upper cervical region as it contains the most freely movable vertebrae in the spinal column and the ones most commonly misaligned.

EPIC (Evolutionary Percussive Instrument Corrections)

We are an upper cervical approach that reduces error in correcting the spine to achieve accurate, precise and reproducible results. It is the first technique to account for each individual's anatomic asymmetries while maintaining a degree specific measurable approach, in order to bring a patient to their neurological normal.

Gonstead

We seek to serve, educate, and equip the subluxation-centered chiropractor. Looking directly to the spine for nervous system function, the Gonstead method leads to scientific exactness, reproducibility, and consistency that should be found within our entire profession so the subluxation can be confidently found, analyzed, and corrected every time. profession so the subluxation can be confidently found, analyzed, and corrected every time.

Knee Chest Society

Our mission is to specifically locate, analyze, and adjust the cause of dis-ease, subluxation. Adjustments are made using the knee chest toggle recoil adjustment. We follow the lineage of Dr.'s BJ Palmer, Lyle Sherman, and Michael Kale, all of whom perfected the knee chest upper cervical technique of chiropractic.

Network Spinal Analysis

A tonal technique that focuses on unwinding the tension in the spinal cord so that the body is able to heal itself, adapt, and thrive at levels it's never been able to. With this technique gentle contacts along the spine facilitate massive sustainable change.

TIC (Tonal Integrative Correction)

We offer a two-fold approach to remove Vertebral Subluxation Complex through the analysis and the adjustment of the spine. The analysis protocol is a quick, precise, accurate and reproducible method to detect the presence of VSC giving the chiropractor the confidence and assurance that the proper care is given.

TRT (Torque Release Technique)

Torque Release Technique is non-linear tonal technique. TRT doctors utilize the DTR of the Achilles' tendon and functional leg checks to find the PRIMARY subluxation in the body. Adjustments are made with an instrument called the Integrator which mimics a Toggle adjustment with the same speed and acceleration every time.

Sorority

Lambda Kappa Chi

A professional chiropractic sorority that promotes a diverse and multifaceted organization for women in the art, science, and philosophy of chiropractic. Creating a safe and uplifting space for women to empower themselves and others through the inter-education of the student, faculty, and practitioner members of the Lambda Kappa Chi Sorority.

Zeta Phi Chi

The purpose of Zeta Pi Chi is to promote principled chiropractic, which encompasses the 33 principles, through the lifelong promotion of sisterhood and the sororities founding principles. We value philosophy, science, and art of chiropractic and women who show leadership, loyalty, honesty, boldness, dependability, accountability, determination, sincerity, diligence, and benevolence.

Clubs at Sherman



Community

Christian Chiropractic

Our focus is to minister to the spiritual needs of members of the Sherman College community; to encourage and give hope. We meet to worship together, encourage & pray for one another's needs and listen to words of inspiration from the scriptures in an atmosphere of like-minded fellowship.

Community Service

As a chiropractor you have three jobs: 1. Adjust 2. Educate 3. Serve. We are dedicated to furthering the chiropractic profession through service and committed to hosting at least one service event per quarter. We can never forget how one small act of service can affect the lives of others.

ICPA (International Chiropractic Pediatric Association)

The mission of ICPA is to educate students so that they may have greater, family-focused practices around the world in the future. Our purpose is to begin the education and certification of future chiropractors so that they may graduate and start changing the lives of families in their community.

Student ICA (International Chiropractors Association)

The Sherman Student ICA is committed to promoting chiropractic education, effective health care policy, and professional development. Our goal is to advance chiropractic throughout the world by protecting and promoting its principles.

X-ray Precision Club

The X-ray Precision Club hones the critical positioning and analysis skills taught throughout the school's curriculum. These essential tools enhance each student's ability to assess the bony misalignment component of vertebral subluxations which improves patient-specific care in the Health Center and beyond.

SABCA (Student American Black Chiropractic Association)

Dr. Bobby Westbrooks, founder of SABCA, recognized that many African Americans were unfamiliar with the benefits of chiropractic care. He had a vision to empower African American doctors & students in chiropractic through education & mentorship. The organization strives to bring diversity to the profession & chiropractic into underserved communities.

Healthy Spines Club

Healthy Spines is a sport/fitness club designed to get you moving to relieve stress and stay healthy during your time as a student DC. We organize sports games, fitness classes, and other activities each quarter to keep our Sherman family active.

WCCS (World Congress of Chiropractic Students)

Our Club's mission is to help advance and unite the Chiropractic profession through inspiration, integrity and leadership. Students attend the national meeting and the international annual meeting yearly to represent Sherman and chiropractic philosophy. This year the locations include St. Louis, Missouri and Brisbane, Australia.

Business

AMPED (Advanced Mentorship Program for Entrepreneurial Advancement)

AMPED is an organized mastermind, composed of chiropractic students, and chiropractors who have created, and continue to improve upon methods and systems that allow for the successful opening, operating, and growing of a highly effective and successful chiropractic office.

EVOKE

Evoke Chiropractic Coaching was founded by Dr. Frank Vaught, Dr. Edgar Everett, and Dr. Xavier Tipler with the goal of inspiring minority Chiropractors to be Health/Wellness Leaders, dominant presences, and the way of Life within the minority communities. Evoke ensures proper preparation for a successful Chiropractic office upon graduation.

Max Living

MaxU Student Club brings together chiropractic students to educate, empower, and inspire, them to reach their full potential. We train with doctors in the Max Living network on patient progress, communication, and education.

TLC (Team and Life Coaching)

We are the community in chiropractic that uplifts chiropractors with tools, policies, and procedures of engagement to speak the truth and live with prosperity in all aspects of life. TLC is a community centered on serving beyond ourselves, loving chiropractic, and changing the lives of each chiropractor and team.

Fraternity

Delta Sigma Chi

We, Delta Sigma Chi-Omicron chapter, pride ourselves on being a group of, likeminded yet diverse, individuals bonded together through the passion to protect and promote the philosophical principles that chiropractic is grounded in. We strive to provide servant leadership to assist and elevate ourselves and those around us.

Pi Kappa Chi Professional Chiropractic

We are a group of passionate and driven individuals that strive to be the best chiropractors we can be, by always working towards improving ourselves and others. We do that through crafting and perfecting what we will do for the rest of our lives; technique.