DRESS AND GROOM STANDARDS

POLICY

At Sherman College, we believe that a respectful and professional environment helps everyone thrive. Our campus dress code ensures that all students present themselves in a way that reflects our community's values. We aim to promote respect and individuality while allowing everyone the opportunity to express themselves within appropriate boundaries.

Dressing for success is an important part of being prepared for our program. The way you present yourself can positively impact your confidence, readiness, and overall experience. By adhering to the dress code, you are setting yourself up for success both academically and professionally.

All students are expected to dress and conduct themselves in a manner that aligns with the college's expectations. As a graduate and professional program, business casual dress is required along with good personal hygiene when you are physically on campus. The standards of this policy are campus wide.

Appropriate Dress Standards

- Clothing should be clean, free of stains, wear and wrinkles.
- Clothing should not be faded or worn.
- Clothing should be well fitted (not excessively tight or loose).
- Clothing should not contain offensive words or logos.

Tops

- Shirts/tops consisting of dress shirts (with and without collars), polo shirts, blouses, tunics, sweaters, professional pullovers and dresses.
- Sherman logo shirts may be worn if they have collars. Sherman sweatshirts and pullovers are allowed when worn as part of an overall professional outfit.
- Club/organization shirts are allowed on specific club days or for events hosted by the club on a specific day (approved by the Office of Student Affairs).
- Camisoles and tank tops MUST be covered by an outer layer such as a sweater or blazer.

Bottoms

- Bottoms include dress slacks, pants and skirts.
- Skirts and dresses should be no more than three (3) inches above the knee.
- Tights and leggings are allowed with appropriate length dresses and skirts.

Footwear

- Footwear must be clean and in good condition.
- Acceptable footwear includes most traditional open- and closed-toe dress shoes (i.e.,

loafers, heels, dress flats, dress shoes with laces), sandals, dress and rain boots, and neutral, solid-colored business casual sneakers (leather sneakers are recommended).
- Clean, athletic sneakers are allowed on Fridays.
- Expressive socks may be worn but may not feature inappropriate graphics or messaging.

Hair and Hygiene
- The learning process involves extended physical interaction between students. Good personal (body) hygiene is always essential on campus. Students are encouraged to take daily necessary precautions to be presentable for school (i.e., bathing or showering your body, using deodorant or antiperspirant, good oral hygiene, etc.).
- Hair should be clean and neat, regardless of style.
- Mustaches and beards must be groomed.

Hats and Sunglasses
- Hats and sunglasses are allowed on campus but are not to be worn inside buildings or in classrooms.

Casual Fridays and Finals Week
- Denim, casual t-shirts and track/sweatsuits may be worn weekly on Fridays, and during the entire week of finals, provided they are in good condition (no distressed or ripped pants), not revealing or inappropriate for a professional setting.

Exemptions and Exclusions to the Dress Standards

1. **Course Specific Dress**: Certain courses may require different attire, such as shorts or sweatpants, for that meeting time. Students must change back to the standard dress code after class if you intend to remain on campus.
2. **Intern Dress Code**: Interns must adhere to professional dress when providing patient care. Specific clinic guidelines are addressed in the intern handbook and will be provided to all interns once they enroll in the Pre-Clinic course.

After Business Hours Dress

- Sherman College events and activities (including seminars):
    - Students who come to campus after normal business hours of 4:30pm Monday-Friday and on weekends to participate in scheduled events and activities should wear no less than the approved Friday casual attire unless a different dress code is published for the event.
- Studying or informal use of campus facilities for student activities:

- Students who come to campus after normal business hours of 4:30pm Monday-Friday and on weekends to study or to gather for informal use of the facilities for student activities may dress in approved Friday casual attire.

Not Allowed
The following are inappropriate for the campus environment and should always be avoided when planning campus visits.

- Shorts (except as stated under the 'Course-Specific Dress' section)
- Tops that are low-cut, oversized, or ill-fitting that allow for cleavage or breast exposure, sheer tops that display undergarments such, midriff tops, crop tops, or cut-off tops
- Fitness or athletic attire
- Leggings worn without a dress or skirt covering
- Footwear: dirty or distressed shoes of any type, athletic slides, slippers, any shoe resembling or mimicking a traditional rubber thong beach-style flip flop (regardless of the material and, regardless of thickness of sole), athletic sandals, or hiking sandals,
- Excessive perfumes or colognes

Violation Notice
In accordance with Policy 8004 (Student Code of Conduct), all students must abide by college policies. Any reported dress code violations may result in the student being required to leave campus immediately and may result in additional disciplinary action.